## Rome Packing List

**ANNENBERG INTERNATIONAL PROGRAM'S ULTIMATE GUIDE**

### JAN - MARCH
- **AVERAGE HIGH 58° F**
- **AVERAGE LOW 30° F**
- **MORE CONSERVATIVE THAN IN U.S.**
- **LAYER, LAYER, LAYER**
- **ALWAYS BE READY FOR RAIN+ SHINE**

### APRIL - MAY
- **AVERAGE HIGH 58° F**
- **AVERAGE LOW 55° F**

### Clothing
- T-shirts (4-6)
- Long sleeve/thermal (2)
- Sweater (2)
- Sweatshirt (1)
- Extra layers (2-3)
- Warm jacket/coat (2)
- Raincoat/trench coat (1)
- Long skirts for site visits (2)
- Jeans/pants (2)
- Leggings (1)
- Bathing suit (1)

### Medical
- First aid kit (bandaids/Neosporin)
- Allergy medicine
- Contacts/glasses
- Prescription medicine (call international SOS to if it's allowed in host country)

### Electronics/Misc
- Laptop/laptop charger
- Phone charger
- Camera/charger/memory card
- Headphones
- Portable charger
- VPN
- Plug adapter (Amazon "Universal Adapter Hero Travel Supply"

### Documents
- State ID/ Driver’s license
- Passport + passport holder
- 2 copies of passport, Visa (eave copy with emergency contact at home)
- Local currency (approx $150 worth)

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- Bathing suit (1)

### Business casual outfit (1)
- Nightlife outfits (2)
- Pajamas (1)
- Workout clothes (2)
- Gloves/scarf (1)
- Hat/beanie (1)
- Underwear (10)
- Socks (7)
- Heels/dress shoes (1)
- Sturdy boots (1)
- Casual tennis shoes (1)

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