College football SEC West

takes 1, 2, 3 High-ranked teams upset over weekend, leaving LSU, Alabama and Arkansas at top. 1, 3-5, 11C

> **Trent Richardson:** Alabama running back US Presswir





Asa Butterfield: Stars in fanciful film. Review, 2D

Newsline MONDAY, NOVEMBER 21, 2011



Spanish voters oust Socialist leadership

Conservatives sweep into power. Spanish government latest to be tossed out over debt, jobless crisis, 8A

Terrorist who planned to use pipe bombs arrested in NYC

Jose Pimentel, a U.S. citizen, was a "lone wolf" who wanted to target police, post offices and returning servicemembers, city officials say. 3A.

Tony Stewart outduels Carl **Edwards to** win race, title

Victory is Stewart's fifth in 10-race Chase for the Sprint Cup; ties with Edwards in points but wins championship. 1-2C.



Tony Stewart

Stimulus helps some health, energy and tech stocks soar

Some companies and new technologies that received stimulus funds thrive. Others, such as Solyndra, file for bankruptcy. Best, worst, 1, 2B.

USA TODAY INTERVIEW | Newt Gingrich



By Rick Wilson for USA TODAY

Town hall in Jacksonville: "When you go from also-ran to one of the two front-runners ... you're inevitably going to get a huge amount of scrutiny," Republican hopeful Newt Gingrich says.

Rising from the pack, Gingrich invites scrutiny

Debates help boost former House speaker

By Susan Page USA TODAY

JACKSONVILLE Newt _ Gingrich is not abashed.

The fact he was paid close to \$2 million as a consultant by Freddie Mac, the quasi-gov**USA TODAY GallupPoll** Which candidate are you most likely to support for the Republican presidential

nomination in 2012? Newt Gingrich 22% Mitt Romney 21% 16% Herman Cain 9% Ron Paul

respond "cheerfully" to inquiries and predicts reporters will move on within weeks.

That would be just in time. Six weeks before the opening Iowa caucuses. Gingrich has come from nowhere – he was at 3% in summertime surveys - to the top of the GOP presidential field. In a new USA TODAY/Gallup Poll, he is ahead of former Massachusetts governor Mitt Romney by a single, statistically insignificant per-

That has not been a comfort-

COVER

STORY

able perch, however. Gingrich

cans have sought an alterna-

tive to Romney, whose sup-

port has stayed steady at about

Former corporate CEO Her-

man Cain is the latest to see his

Doctors pressed to rein in costs

Treatment choices could be curtailed

By Emily Bazar CHCF Center for Health Reporting

Efforts to rein in health care costs are putting pressure on doctors to abandon outmoded or unnecessary practices and choose less expensive treatments, actions cost-control advocates say also can improve care.

Health care systems, insurers and government agencies are using sophisticated data to identify doctors and hospitals operating outside medical norms. The goal: to wean doctors off procedures that don't necessarily benefit patients.

The result is a narrowing of doctors' treatment choices, but advocates say that's a necessary step.

"The old thinking that each clinician gets to determine his or her own standards is really one we have to rethink," says Carmela Coyle, president of the Maryland Hospital Association. The aim "is to avoid unnecessary and potentially harmful care when and where we can," she says.

In one case, gynecologists in Sacramento are being trained to perform less-invasive hysterectomies or risk losing their patients to doctors who know how.

"A minimally invasive procedure, when appropriate, is much safer for the patient. There's a much quicker return to work, less chance of infection, a shorter length of stay and it's less costly," says Rosaleen De-

rington of Hill Physicians **Some doctors** wary of effort

Calls grow louder for Thomas, Kagan to sit out health case

Impartiality of two justices questioned as high court agrees to hear constitutionality of law. 6A.

Springsteen's 2012 tour

Bruce Springsteen and E Street Band will embark on first tour without Clarence Clemons. 1D.



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ernment housing agency he has blasted? He calls it a reflection of the agency's good judgment, given his long interest in housing policy. That his think tank raked in more than \$35 million from the health industry? The power of the big ideas he's developed in the field, he says.

What about those who see hypocrisy, crony capitalism or worse in his financial success? "You start with people with

a socialist bias that you shouldn't earn money," the

do, he says, "you're automatically suspicious of having done something bad." He promises to

Rick Perry 8% Michele 4% Bachmann Jon Huntsman **1%** Rick Santorum 1% Other 1% None/Any/

Note: Does not add up to 100% because of rounding. Source: USA TODAY/Gallup Poll of 946 Republican and Republican-leaning registered voters Nov. 13-17. Margin of error: ±4 percentage points.

standing slide after the scruti-By Julie Snider, USA TODAY

ny accorded front-runners former House speaker tells USA TODAY. If you turned his way. In less than two weeks, he has

centage point.

is the sixth candi-

date or potential

candidate to lead

the field this year,

as some Republi-

20%, give or take.

Please see COVER STORY page 5A ►

Shelters go organic for holiday

Thanksgiving dinners offer healthier, local ingredients

By Bruce Horovitz **USA TODAY**

Thanksgiving meals served at some homeless shelters this week will come with a gastronomic halo that few might expect: organic and locally grown foods.

While such better-for-you food will be served only at a fraction of the nation's shelters, the trend toward serving the homeless organic, local and fresh foods is growing as consumers are embrace the same nutritional goals.

"If I have a guest coming to my house for Thanksgiving, I'm not going to open a can of beans for them," explains Steve Badt, director of kitchen operations at Miriam's Kitchen in Washington D.C. "A homeless person who is my guest deserves no less.

There's really no added expense, since all of the shelter's food is donated, Badt says. "Why can't a soup kitchen run like a high-end restaurant if it's

not costing anyone else money?"

Miriam's Kitchen will be serving 150 homeless people its first all-organic or local Thanksgiving dinner. Even the dozen turkeys, donated by a local Whole Foods store, are organic.

The shelter, with a tradition of serving fresh foods, will receive three jars of honey collected from beehives near the White House garden, says Sam Kass, White House assistant chef. "The first lady feels strongly that all people deserve access to healthy food.'

Other do-gooders have similar ideas:

► At the Greenpoint Reformed Church in Brooklyn, N.Y., dinner served the day before Thanksgiving will include locally grown and organic fruits and veggies. "If that's how I feed my own children, that's how I prefer to serve other people's children," says Ann Kansfield, co-pastor.

 At the Organic Soup Kitchen in Santa Barbara, Calif., 80% of Thanksgiving weekend meals served to 1,000 low-income folks will be organic, Executive Director Anthony Carroccio says.

"People living on the street are very fragile," Carroccio says. "The last thing they need are extra poisons from conventional foods.'

Medical Group in Northern California.

to standardize care, 2A Vast amounts of money

are at stake. The Banner Health system, which has hospitals in seven states, has instructed doctors they can no longer use a certain product designed to prevent abnormal scarring during cesarean sections, saying it does not improve patient care. The effort has saved more than \$1 million so far.

Many physicians adamantly oppose the idea of having their decision-making curtailed.

Doctors are acutely aware of the need to save money, "but the question is how that decision is made," says Peter Carmel, a pediatric neurosurgeon and president of the American Medical Association, which represents doctors. Treatment guidelines should come from doctors who have studied the evidence, he says, not insurers, suppliers or others with a financial interest.

"If there are two treatments out there in play for a given condition, most commercial interests will choose the cheaper," he says. "That doesn't necessarily mean it is the better.'

Coyle and others insist they don't want to withhold treatment or forbid doctors from exercising judgment.

The California HealthCare Foundation Center for Health Reporting, based at the University of Southern California Annenberg School for Communication & Journalism, is funded by the nonpartisan California HealthCare Foundation.

Green Bay still unbeaten, 8C



By Dan Powers, The (App 10-0: Tom Crabtree celebrates his touchdown reception with fans. NFL coverage, 1, 3, 6, 8, 10C

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